

YOUR CHECKLIST

Before Admission

check

- Complete and Return Admission Forms
- Check Health Fund Cover
- Check Doctors Fees
- Inform Hospital of Special Diet (if required)

Day of Admission

- Bring Original Paperwork
- Medicare and Health Care Cards
- Health Fund Details
- Doctors Letters and Forms
- Relevant X-rays
- Bring Equipment i.e. CPAP, crutches, etc
- Medications (show to Nurse on admission)
- Leave Valuables at Home

On Discharge

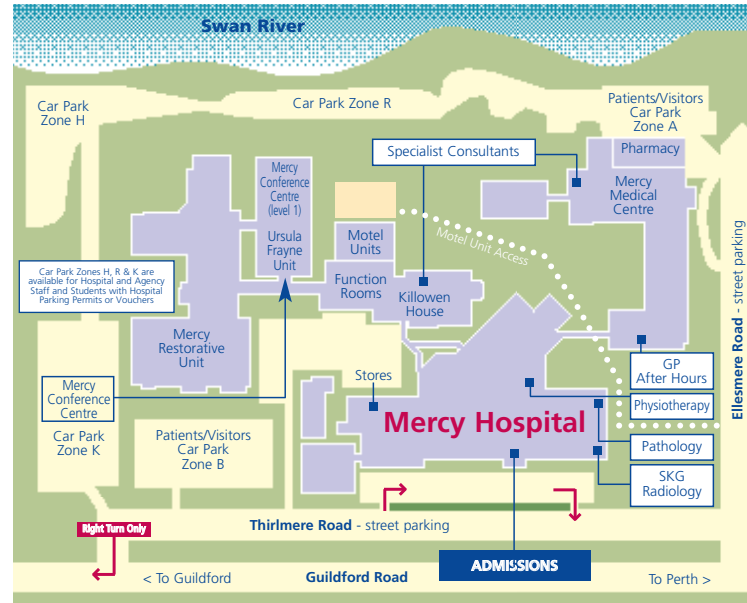
- Understand Instructions About Your Operation
- Personal Belongings
- Follow-up Appointment
- Forms and X-rays
- Medications
- Pay Accounts
- Transport Home

ADMISSION TIMES

Morning surgery from 6.30am or as advised by your Doctor.

Afternoon surgery from 11.00am or as advised by your Doctor.

MERCY DAY SURGERY



MERCY DAY SURGERY

Mercy Hospital Mount Lawley
 Thirlmere Road
 Mount Lawley WA 6050
 Telephone (08) 9370 9222
 Facsimile (08) 9370 9488
 Email dayunit@mercy.com.au
 Website www.mercy.com.au/hospital.asp



MERCY DAY SURGERY UNIT

The Mercy Day Surgery Unit is a beautifully appointed, purpose-built 20 bed unit. Our aim is to ensure that your stay with us is as comfortable as possible. You will be cared for by skilled, experienced staff in a comfortable, relaxing atmosphere conducive to your recovery.

Day surgery is a safe and convenient method of care for many surgical procedures with the major advantage being that you are able to leave Hospital on the same day and you can recover in the comfort and privacy of your own home.

At a nominal cost, should it be required, partly self-contained motel units are available for patients, families or friends pre or post day surgery. For more information contact the Admissions Department on (08) 9370 9222.

PRE ADMISSION

Please return your completed pre admission forms to the Admissions Department at least 72 hours prior to your admission. If forms have been faxed, please bring the originals with you on day of admission.

Unless instructed otherwise by your Anaesthetist you must have nothing to eat or drink from midnight if your surgery is in the morning or have nothing to eat or drink from 7.00am if your surgery is in the afternoon.

Please shower before you come into Hospital. Wear comfortable day clothes, do not wear any makeup or nail polish and please remove all your jewellery if possible.

UPON YOUR ARRIVAL

Our Receptionist will greet you and will confirm your admission details. A Nurse will then gather information about your medical history, prepare you for your surgery and answer any questions you may have.

You will be asked to change into a hospital gown and robe. A secure locker is provided for your clothing.

Generally your Anaesthetist will see you prior to your anaesthetic. You will then be seated in our comfortable waiting area until you are escorted to the Operating Suite for your surgery.

FEE INFORMATION AND PAYMENT OF ACCOUNTS

You may be required to pay part of your day surgery fee in addition to your health insurance rebate. The amount you will pay will depend on the Health Fund you belong to and your level of cover. Please verify your level of cover with your Health Fund prior to your admission.

If you are uninsured, you will be required to pay the estimated costs of the day surgery fee on admission. You may obtain an estimate of payment required prior to your admission to Hospital by contacting our Admissions Department on (08) 9370 9222.

Additional tests, such as pathology or ECG, may be required, please check with your Health Fund in regard to charges and costs.

AFTER YOUR SURGERY

- Following your surgery our nursing staff will closely monitor your condition.
- Once you have recovered you will be escorted to our comfortable discharge lounge.
- Refreshments will be served prior to your discharge.
- You are usually ready to go home two to four hours after you wake up.
- It is unusual that you may need to stay overnight however, if needed, this will be organised by our staff in consultation with your Surgeon and Anaesthetist and you will be moved to another ward.
- Before you leave Hospital we will give you written instructions for your continuing care.

AFTER AN ANAESTHETIC

- Take your normal medications unless otherwise instructed by your Anaesthetist or Surgeon.
- Do not drive or operate machinery for at least 24 hours after surgery.
- Do not use public transport without an escort for at least 24 hours after surgery.
- Avoid making any important decisions or signing any important papers for at least 24 hours.
- Avoid social engagements for at least 12 hours.
- Abstain from drinking alcohol for 24 hours.

GOING HOME

Discharge time is usually 2-3 hours following your surgery. You must have a responsible adult to escort you home and stay with you until the next day. You will not be permitted to leave on your own. You must not drive for 24 hours following surgery.

Medical certificates are issued by your Surgeon. Please ask your Surgeon if needed.

SOME SIDE EFFECTS YOU MAY HAVE

Pain Due to Your Operation

You will be given pain-relief medication during your anaesthetic. The effect of these drugs continues after you awaken. This is one of the reasons you may feel sleepy after your anaesthetic. Upon discharge from hospital, you will be advised about ongoing pain relief.

Nausea and/or Vomiting

This is uncommon but should this occur medication is available while you are recovering in Hospital. Should this occur at home, decrease drinking and just take sips of flat lemonade or suck ice chips. Notify the Hospital if you are concerned.

Sore Throat

You may have a sore throat following the operation. This usually resolves itself within 24 hours.

Bruising at Your Injection Site

You may notice bruising at the site of your injection. This is due to a reaction of the vein to the insertion of a needle and injection of anaesthetic drugs. This should resolve uneventfully; if not please seek medical attention.

AT HOME

If you are unable to contact your Surgeon, please feel free to ring the Hospital on (08) 9370 9222 if you have any concerns or queries once you are home.