

MERCY SUPPORT CENTRE FOR PARENTS AND BABIES

Mercy Family Birthing Unit provides support after going home through the Mercy Support Centre for Parents and Babies.

The aim of the Support Centre is to extend quality, optimum care to both parents and babies, by experienced Internationally Board Certified Lactation Consultants Midwives.

- To support women in breast-feeding management, mothercraft techniques and settling techniques
- To supervise breast-feeding - observing position, technique and to offer advice regarding breast-feeding
- To refer you to the appropriate health professionals for further treatment as necessary
- To ensure correct consistent advice is given
- To provide valuable reference resources: Videos, books and pamphlets.

This is a free parenting advisory service for all women who have their babies at Mercy Family Birthing Unit for up to two weeks after you are discharged from our care.

For on-going services and for those clients who have delivered in another facility there is a fee which may or may not be rebateable.

Open Monday to Saturday by appointment. For appointments telephone the Mercy Family Birthing Unit on (08) 9370 9420.

If the problem is urgent - (e.g.mastitis) we will endeavour to see you immediately. The Midwives and Lactation Midwife will notify your doctor of attendance at the centre.

Please allow for a 1-2 hour stay at the centre.

VISITING HOURS

For your convenience, unrestricted visiting hours are available for fathers and siblings.

For other visitors: Family Birthing Unit is open

- 8.00am - 1.00pm
- 3.00pm - 8.00pm

Mothers' rest period is 1.00-3.00 pm each day. No visitors allowed.

MERCY FAMILY BIRTHING UNIT

Mercy Hospital Mount Lawley
Thirlmere Road
Mount Lawley WA 6050

Tel: 08 9370 9420

Email: fbu@mercy.com.au

Web: www.mercycare.com.au



MATERNITY SERVICES

The Mercy Family Birthing Unit offers a combination of intimate, homestyle accommodation, personalised attention and modern clinical facilities. Our team of Midwives, Medical Practitioners and Physiotherapists are committed to preparing you and your family for all aspects of childbirth and parenthood.

Pregnancy and birth are a wonderful part of life and the Mercy Family Birthing Unit delights in the privilege of supporting parents and babies at these precious times.

Our goals

The most satisfied families. The highest standard of contemporary care. Excellence, quality and reputation.

We provide

- Antenatal Services
- Childbirth education and parenting classes
- Modern birthing suites
- Post-Natal accommodation , most rooms contain a double bed for partners to stay
- Level 2 Special Care Nursery
- Mercy Support Centre for Parents and Babies

ARRANGING YOUR STAY

Prior to making a booking, parents are welcome to tour all areas of the Mercy Family Birthing Unit, where you can meet our team and view our modern facilities. Tours are conducted every Sunday at 2pm, there is no need to book.

Booking-in for your birth forms are available from your doctor or telephone the Mercy Family Birthing Unit on (08) 9370 9420.

Childbirth Education and Parenting Classes

We offer childbirth education and parenting classes that provide information about parenthood and assist you and your partner in the birth and care of your new baby. Specifically designed classes are available for first-time parents and those that have had a previous birthing experience.

For more information telephone the unit on (08) 9370 9420.



DURING YOUR STAY

Delivery Suite

Our birthing suites offer modern spacious accommodation, a lounge area and individual ensuite, bathroom with double showers and a large bath.

Your partner or support person is most welcome and is encouraged to participate in your birthing experience. Complimentary meals are provided to your partner or support person while you are in labour.

Our experienced midwives will support you throughout your birthing experience.

Post-Natal

The Mercy Family Birthing Unit contains single private rooms and shared rooms. Most rooms have a double bed, allowing partners to stay. The hospital requires partners who are staying to be registered as boarders for security purposes and to be able to provide accommodation and meals. There is a boarder fee which maybe rebateable from your health fund. All rooms have an ensuite, telephone (with your own direct number), television, piped chilled water and a mini-fridge.

Semi-self-contained motel units are available within the hospital grounds for family, and are only minutes away from the Mercy Family Birthing Unit.

Our Midwives and the Lactation Consultants are available to assist you with breast-feeding during your stay and on discharge. Mercy Physiotherapy offers a range of services for you during your stay and post pregnancy. For further details telephone Mercy Physiotherapy on (08) 9271 9422.

SPECIAL CARE NURSERY

Our Level 2 Special Care Nursery has the latest technical equipment to care for sick and pre-term infants. Our Midwives and Special Care Nursery Nurses have extensive experience ensuring a high standard of care at all times.

DISCHARGE

It is expected that without complications following a vaginal birth you would stay for up to 3 days and following a caesarean birth that you would stay for up to 5 days. When your doctor is satisfied and you are ready to leave the Hospital we request that you vacate your room by 11.00am. Should you need to make arrangements to leave at a later time, please enquire with your midwife with regard to late checkout procedures.