

Mercy Volunteers

JULY 2010

Volunteer Vacancies

If you or someone you know may be interested in any of the following vacancies, and you would like more information – please call Volunteer House.

5 BUS DRIVERS NEEDED URGENTLY

Do you have a few hours spare in the morning? Are you an experienced driver? You need a current “C” class licence to drive the 10 to 12 seater bus? McAuley House is looking for Bus Drivers to drive their clients to and from home, between 9am to 11am – Monday to Friday.

GARDENERS WANTED

Are you a green thumb or do you enjoy getting your hands a little dirty? Davis House is looking for a few people who would like to do some light gardening once or twice a month.

2 OR 3 KITCHEN STAFF

Do you have some spare time during the week to help prepare lunch for approx 15 people at McAuley House? We are looking for 2 to 3 people to help arrange a light lunch for the clients at McAuley House.

To enquire about Volunteer Vacancies contact

Susan McCamish 9442 3454

National Volunteer Week Celebration Morning Tea - May 2010



On the 12th of May, a celebratory morning tea was held at MercyCare Hospital in recognition of all MercyCare Volunteers and National Volunteer Week 2010.

Approximately 40+ Volunteers came to the Mercy Conference Centre to help celebrate this event where the theme was “Now, more than ever”.

They were welcomed by Dr Nicola Howe, Group General Manager Organisational Development, Anne Fox, Acting Group Chief Executive Officer and Group General Manager Mission and Culture, Miriam Morgan-Hobbs, Legal Council and Company Secretary, Garry England, Chief Executive, Mercy Hospital, Mount Lawley, Louise Mason, Doubleview Administrator and myself, Susan McCamish, Volunteer Coordinator.

The celebration started off with Nicky welcoming everyone. Anne Fox then addressed everyone on the importance of Volunteers and their place within the Mission of MercyCare. Next Nicky, Miriam Morgan-Hobbs, Garry England and myself blessed and anointed the hands of all the Volunteers present, with the blessing “May you be blessed for your generosity, May your goodness shine out from you as you care for others”.

This was followed by Anne Fox presenting every Volunteer with a Certificate of Appreciation and Louise and myself passing out a candle to everyone. Nicky, Louise and myself then gave out the Raffle prizes to the 6 lucky winners.

Next it was time for a delicious morning tea and getting to know everyone. It was a lovely, relaxed morning.

I would like to say a special thank you to a few people: -

- Louise Mason, who organised the raffle prizes, all the administration work, liaising with the Marketing Department and a plethora of other jobs.
- Ernie Reid, who rang every volunteer he could just to touch base and see who would be coming to the event.
- Colleen Vickers, who put on a scrumptious morning tea.

I would also like to thank the companies within our community that made the raffle possible:

- Angela at “Video Ezy” – Success
- Rachel at “The Kitchen Store” – Innaloo
- Sam at “IGA” – Wembley
- Mary and David at “Bakers Delight” – Innaloo


Did You Know ???

- 98% of volunteers feel that their volunteering makes a difference to their organisation and its work
- The estimated value of volunteering to the economy in 2006 was \$70 billion per annum, up from \$42 billion in 2000.
- 34% of volunteers say that training in their volunteer roles has given them skills useful for future paid employment






Bithdays!! (yes we did remember)

I realise some people do not like to discuss their age. So, "Birthday Ladies and Gents", I will leave it up to you to tell those dear and near to you, how many years you have graced the earth with.

(hint: this symbol  may mean it's a significant birthday!)

Linda Gilbertson, 7 May
Kathleen O'Hara, 11 May
Ernie Reid, 11 May
Pauline Matthys, 13 May
Rosemary Smith, 14 May
Jessica Choveoux, 17 May
Kathleen Comber, 18 May
 Peter Schoch, 22 May
Tom Gallagher, 28 May
Leslie Brennan, 29 May

Patricia Jackson 1 June
Ken Ackerman 2 June
Marisol Hewett 4 June
Anne Fudger 12 June
Roseanne Moylan 13 June
John Smith 13 June
 Vilma Smith 16 June
Bernie West 19 June
Jim Hamilton 20 June
Vera Joncevska 23 June
Sue King 23 June
Katy Rutter 23 June
 Kate McGurk 30 June

 John Olminkhof 2 July
Bill Harris 5 July
Win Sullivan 9 July
Adrienne Cranfield 10 July
Veronica Irvine 16 July
 Don J Willett 18 July
 Valda Hunter 21 July
Ron Howe 23 July

Do you share a birthday with someone famous?
Stevie Wonder 13 May
Pope John Paul II 18 May
Marilyn Monroe 1 June
Nicole Kidman 20 June
Nelson Mandela 18 July
Cat Stevens 21 July

There's a new kid in town



Hello to all the MercyCare Volunteers, my name is Susan McCamish and I am the new Volunteer Coordinator, based at Wembley. I "man" my phone and am in my office on a Tuesday, Wednesday and Thursday, so if you're in the area, please stop by.

I have been sitting at my new desk in Volunteer House since the 5th of May. It has been a whirlwind, learning so many new names, faces and places. I am lucky to have Nicky Howe to guide me through my learning period here with MercyCare, Mercy Community Services and Mercy Hospital.

My previous position was as the Volunteer Coordinator at Uniting Church Homes in Balcatta – I was blessed to have worked side by side with some amazingly "passionate" people who gave so much, week after week in a volunteer capacity – they were my motivation every day. – I myself am terribly passionate about those people who unselfishly give up time in their day for others. Volunteers are an integral part of any

Community and deserve our respect and any assistance we can supply.

Outside of my career with Volunteers, I am the happy Wife to a wonderful Husband and the proud Mum of 4 gorgeous Daughters. George our cat, apparently the true master of the house, orders us all around.

I love to cook – unfortunately, I also love to eat. I am a real homebody, I knit for my girls and family and in quiet times, you will find my nose stuck in a book.

I am hoping to visit all of the sites as soon as I can – If you do see me, please come up and introduce yourself, I would love to meet with you. If any of you have questions, I am more than happy to discuss them with you. If I don't know the answers straight away, I will certainly find them quickly. If you have any ideas or suggestions, please pass them on, shared knowledge is a wonderful thing.

I would like to thank everyone for the wonderful support they have given my predecessor David Cutler and the organisation and I look forward to working with all the MercyCare Volunteers.

Susan McCamish
Volunteer Coordinator
Phone: 08 9442 3454 (Tues, Wed & Thurs)
Mobile: 0418 904 208
Email: smccamish@mercycares.com.au

"To love what you do and feel that it matters—how could anything be more fun?"

~ Katherine Graham

On the Grapevine

This is an area of the Newsletter that will spread news of other areas within MercyCare that Volunteers may want to know about. If you have any news that you think you would like to go in here, please pass on your information to me.

I have recently spoken to Employment and Community Services in Mirrabooka – They are looking for board games and toys that are no longer being used and soon to be thrown out or given away. Preferably games such as Monopoly and toys in OK condition. These items will be used at the centre in Mirrabooka, where families come together and children play.

So if these items are clogging up your cupboards, please bring them in to Volunteer House in Wembley or 4 Brewer Place, Mirrabooka.

Unable to Volunteer any Longer?

If you find you can no longer commit to volunteering with MercyCare please notify Susan as soon as possible.

You will know that you are still on our active list if you have received this newsletter so please help us to keep our records up to date and phone:

Susan McCamish, Volunteer Coordinator 9442 3454. Or email volunteers@mercycares.com.au We would very much appreciate it.

"The time is always right to do what is right."

~ Martin Luther King Jr.

Volunteers Training

MercyCare offers all its Employees and Volunteers ongoing training. However there are 2 types of mandatory training all Staff and Volunteers must attend:

- Orientation Training
- Equal Opportunity Workplace Conduct & Behaviour Training.

ORIENTATION TRAINING

Orientation Training is held at the Mercy Conference Centre, Mercy Hospital, Mount Lawley.

Orientation training for Volunteers is only half a day

– All training starts at 8am sharp, however, for Volunteers this training finishes at 12.35pm or if you would like to stay for lunch, then training finishes at 1pm.

The following are the dates the Orientation training is being held on:

- Monday 14th June
- Monday 9th August
- Monday 11th October
- Monday 13th December

EQUAL OPPORTUNITY WORKPLACE CONDUCT & BEHAVIOUR TRAINING

Equal Opportunity Workplace Conduct & Behaviour training is held at the Doubleview Conference Room at 33 Williamstown Road, Doubleview (Next to Holy Rosary Primary School)

The following are the dates the training is being held on:

- Tuesday, 10th August
- Tuesday, 5th October
- Wednesday 1st December

If you are interested, please contact Volunteer House as soon as possible.

We need to let the HR Department know of the final numbers attending 1 week prior to the event. Any later than that, then we will ask if you will attend the next session.

Chicken, Leek and Corn Pies



Perfect to make ahead for a cold weekend

This Pie feeds my husband and 4 daughters with nothing to spare.

Ingredients

- 2 chicken breast fillets, cut into 2cm pieces (approx 450-500gms)
- Olive oil spray
- 1 large leek, trimmed, halved, washed, thinly sliced
- 2 celery sticks, trimmed, finely chopped
- 1 large potato, peeled, cut into 1cm pieces
- 2 garlic cloves, crushed
- 60ml (1/4 cup) white wine or just more stock
- 185g (1 cup) fresh sweet corn kernels
- 185ml salt-reduced chicken stock
- 1 tbs cold water
- 2 tsp cornflour
- 2 tbs light sour cream
- 2 tbs chopped fresh continental parsley
- 4 sheets filo pastry

Preheat oven to 190°C. Heat a non-stick frying pan over high heat. Add half the chicken and stir-fry for 2-3 minutes or until golden. Transfer to a plate. Repeat with remaining chicken.

Place the pan over medium heat. Spray with olive oil spray to lightly grease. Add the leek, celery and potato and cook, stirring occasionally, for 5 minutes or until the leek is soft. Add the garlic. Cook, stirring, for 1 minute.

Add wine and cook until liquid is almost absorbed. Stir in the chicken, corn and stock. Simmer for 3-4 minutes or until the liquid reduces by half. Combine the water and cornflour in a bowl. Add to chicken mixture. Cook, stirring, for 2 minutes or until the mixture thickens slightly. Remove from heat. Stir in sour cream and parsley.

Divide the mixture among four 250ml (1-cup) capacity ovenproof dishes. Lightly spray 1 filo sheet with olive oil spray. Fold in half 4 times to make a square. Place on top of the chicken mixture and scrunch the edges. Repeat with the remaining filo. Bake for 15 minutes or until the pastry is crisp and golden.

Notes If you don't have individual dishes, cook in a 1L (4-cup) capacity baking dish. Top with single layers of the filo, spraying with olive oil spray in between layers. I serve this pie with mashed pumpkin and sweet potato with steamed beans and carrots.

I hope you enjoy this as much as my girls do. – Suasn McCamish
Recipe chosen by my hungry family – one they love to eat when it's cold outside – Please send me your favourite recipes, so we can share the good food amongst us all.

Dates to Remember

1 May	Joseph the Worker	3 July	St Thomas
3 May	Labour Day (Qld)	15 July	St Bonaventure
3 May	May Day (NT)	22 July	St Mary Magdalene
3 May	St Philip and St James	26 July	St Joachim and St Ann
9 May	Mother's Day	29 July	St Martha
13 May	Ascension Day	31 July	St Ignatius
14 May	St Matthias	2 Aug	Northern Territory Picnic Day (NT)
23 May	Pentecost	2 Aug	New South Wales Bank Holiday (NSW)
24 May	Mary, Help of Christians / Whit Monday	4 Aug	St John Vianney
26 May	St Philip Neri / National Sorry Day	5 Aug	St Dominic
30 May	All Saint's Day / Trinity Sunday	6 Aug	Transfiguration of Christ
31 May	The Visitation	10 Aug	St Lawrence
1 June	St Justin	11 Aug	St Clare / Ramadan begins
3 Jun	Corpus Christi	11 Aug	Royal National Agricultural Show Day Queensland (Qld)
5 June	St Boniface	14 Aug	St Maximilian Kolbe
6 June	Body and Blood of Christ	15 Aug	Assumption of the Blessed Virgin Mary
7 Jun	Foundation Day (WA)	20 Aug	St Bernard
11 June	Feast of the Sacred Heart	21 Aug	St Pius X
12 June	Immaculate heart of Mary	24 Aug	St Bartholomew
14 Jun	Queen's Birthday (All except WA)	27 Aug	St Monica
21 Jun	St Aloysius / June Solstice	28 Aug	St Augustine
24 June	St John the Baptist	20-25 Sept	Mercy Week
29 June	St Peter & St Paul	2nd Dec	Volunteers Christmas Party