



Quality, Nutrition, Choice

Our food and dining experience

Prepared by our in-house chefs, residents can choose from a quality and nutritious menu founded on fresh, seasonal ingredients.

Dining at a MercyCare Residential Aged Care Home means:

- ✓ Seasonal menus
- ✓ Fresh, wholesome food – that ‘home-cooked feel’
- ✓ Beautiful presentation and flavour
- ✓ Catering for textured modified diets with focus on colours, flavours, presentation and variety

Want to know more?

Residents and families can request a dietitian report, recipe cards detailing ingredients, allergens and nutritional value of every meal we serve.

What’s on this week’s menu?

Continue reading to see sample menus for lunch and dinner.

We hear you. Our in-house chefs collaborate to make recipes and menus, reflecting what our residents tell us they love.

Let’s celebrate. Honouring significant milestones, themed-days and cultural celebrations where our chefs can style the menu as requested.



Lunch Menu

	<i>Main</i>	<i>Dessert</i>
Mon	<p>Pork Steak with Garlic & Apple Cream Sauce Or Spinach & Ricotta Ravioli</p> <p><i>Vegetables: Potato, Sweet Potato, Broccoli</i></p>	Berry Powder Puff
Tues	<p>Chicken & Spinach Roulade Or Balti Curry with Rice</p> <p><i>Vegetables: Potato, Grilled Tomato, Carrot, Zucchini</i></p>	Orange Syrup Cake
Wed	<p>Roast Pork & Gravy Or Grilled Fish with Bechamel Sauce</p> <p><i>Vegetables: Potato, Pumpkin, Minted Peas</i></p>	Chocolate Profiteroles
Thurs	<p>Braised Beef Steak in Onion Sauce Or Chicken Goujons</p> <p><i>Vegetables: Potato, Carrot & Parsnip, Beans</i></p>	Jellied Fruit & Ice Cream
Fri	<p>Fish & Chips with Coleslaw Or Lambs Fry & Bacon</p> <p><i>Vegetables: Potato, Pumpkin, Peas</i></p>	Mini Fruit Pavlova
Sat	<p>Chilli Con Carne Or Vegetable Frittata</p> <p><i>Vegetables: Potato, Sweet Potato, Peas & Beans</i></p>	Apple Pie
Sun	<p>Rosemary Roast Lamb Or Vegetable Curry with Rice</p> <p><i>Vegetables: Potato, Cauliflower, Brussel Sprouts</i></p>	Sherry Trifle

*Please see staff for alternate menu options

*Menu options modified to suit texture diets

Dinner Menu

	<i>Main</i>	<i>Dessert</i>
Mon	Creamy Vegetable Soup Lamb Hotpot <i>Mixed Medley Vegetables</i>	Fruit Salad & Custard
Tues	Pumpkin & Nutmeg Soup Tuna Pattie With Parsley Sauce <i>Mixed Medley Vegetables</i>	Lemon Drizzle Cake
Wed	Creamy Chicken Soup Beef Rissole with Napoli Sauce <i>Creamy Mashed Potato</i>	Apple Custard Pastry
Thurs	Potato, Leek & Bacon Soup Zucchini Slice <i>Garlic Bread</i>	Fruit Salad
Fri	Carrot, Chickpea & Coriander Soup Ham Hawaiian Steaks <i>Roasted Potatoes</i>	Panna Cotta with Orange Coulis
Sat	Minestrone Soup Chicken A La King <i>Steamed Rice</i>	Peaches & Cream
Sun	Green Pea Soup Pork Sausage, Cheese & Vegetable Pie	Fruit Salad & Cream

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The MercyCare Dining Experience

Experiencing food is more than the meal, it's about engaging all the senses in a full experience. Sitting down to a meal is a time to be able to choose, to connect with others and enjoy delicious food in a dignified and respectful way.

We often eat with our eyes, that's why our chefs are trained to focus on plate presentation and maximising mealtime enjoyment. We care about our residents' health and wellbeing, so we serve nourishing and healthy meals that meet individual requirements.

**To learn more
chat to our
friendly team**



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