

TERM 2 WEEKLY TIMETABLE: Tuesday 26th April 2022 to Friday 1st July 2022

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Playgroup CPC

A playgroup for families with children aged **1 to 3 years** that supports play-based learning

9.00am to 10:30am

Triple P Positive Parenting

Three-week series

Session 1- Power of Positive Parenting
Session 2: Raising Confident Competent Children
Session 3: Raising Resilient Children

11.00am – 1.00 pm
May 2nd, 9th & 16th

Booking essential.
Creche available

Wellbeing Workshop

Two-week workshop

Week 1 – Art Therapy
Week 2 – Meditation and Learning Skill of Crochet
11.00am – 12.30 pm
23rd, 30th May

Booking essential.
Creche available

North Balga Primary School playgroup Building Blocks

A playgroup for families with children aged **birth to 4 years**

9.00 am to 10.30am

**30 Maitland Road, Balga
North Balga Primary School**

Balga Primary School playgroup

A playgroup for families with children aged **birth to 4 years**

9.00am-10.30am

**11 Fernhurst Crescent, Balga
Balga Primary School**

Playgroup CPC

A playgroup for families with children aged **2 to 4 years** that supports play-based learning

9.00am to 10:30am



Sing and Grow Warriapendi CPC

Musical therapy program for children 0-4 years
1.30pm -2.30pm
4th May – 22nd June

Booking essential.

Aboriginal Playgroup

A playgroup for Aboriginal families with children aged **birth to 4 years**

9.30am to 11:30am

Tuning into Kids Monday 11-1pm

A 5-session parenting program that helps children learn to understand and regulate emotions

11.30am – 1.30pm
Dates needed

Booking essential.
Creche available

Parenting workshops and activities available:

- ❖ Speech pathology drop-in clinic: TBC
- ❖ Triple P: Attachment & Bonding – 13th June

Bubs Playgroup CPC

Playgroup for families with children aged **birth to 18 months**

9.00am to 10:30am

Child Health Nurse



To book appointments with Child Health Nurse phone and leave a message
9207 1109

For further information on programs or to register, please phone the Centre
6151 1980
or drop into

8 REDCLIFFE AVENUE, BALGA

Email: WarriapendiCPC@mercyCare.com.au

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